HAVE A WONDERFUL WEEKEND DEC. 8, 2017

LUCERNE EVENTS



The last of the year

It is hard to believe that we are on the verge of 2018. Only twenty three more days and the new year will begin. Traditionally the new year is a time of reflection and setting of goals. This year I am thankful for being able to join this wonderful school community, and for the warm welcome me and my family has received. My goal for the upcoming year is to engage the community in deeper discussions about Lucerne and what they would like for the future. I also would like to create more opportunities for the community to be involved in the school and the educational work that is going on here. I hope you have a happy holidays, and as always if you have any questions or concerns please feel free to contact me at any time.

Nick Graves - Principal of Lucerne

"A WISE MAN CAN LEARN MORE FROM A FOOLISH QUESTION THAN A FOOL CAN LEARN FROM A WISE ANSWER."

Bruce Lee

Dates to Remember

Dec. 16th
RCMP Breakfast

Dec. 20th
Winter Concert
(donations of nonperishable food
item appreciated)

<u>Dec. 21st</u>
Last Day of School
before Winter
Holiday

Jan. 8th
Back to School

Jan. 9th PAC Meeting

<u>Jan. 17th</u> High School Ski Day



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Intramural Sports

Lucerne has been split into four different colour teams, and this month they began competing in Intramural sports at lunch. Divided by grades, three times a week, students are competing in indoor soccer. The goal is to promote school spirit and sportsmanship, and so far the goal is being achieved with gusto. The current standings are Blue in the lead with 21 points, closely followed by Red with 17, and green with 14.

Swim Days

November saw the end of our swim program for the elementary students. They ended the program with a celebratory day that included a junk food lunch, and then back at school with a ceremony to give out the badges for swim levels.

Avalanche Awareness

Living in the mountains it is a blessing, but it also requires us to be aware of our surroundings and the dangers present. Grade 4,5&6 students learned about avalanche safety from our avalanche safety instructor, and the grade 10 & 11 outdoor ed class began the process of getting their level one avalanche certificate. This is a great opportunity for them to gain a valuable certificate, and also to develop skills to protect them in the back country.

After School Art and Gym Club

Through sponsorship from the New Denver Youth Centre, we have been able to offer after school art and gym club to students in grade 3 to 6. Four high school students are being paid to run these clubs on Tuesdays and Thursdays. This is great leadership opportunity and work experience for them, and also a chance for the younger students to get to play some fun games and make some cool art.

Choir and Music

As we prepare for the winter concert the halls of Lucerne have been filled with beautiful music. Our volunteer music teachers Kelly and Rebecca have been helping to prepare our students all the amazing concerts that the winter season brings. We are so thankful for their contributions, and can't wait to see the students hard work pay off. Don't forget that Oct. 20th is the date of our winter concert.





Social Justice Week

This week at Lucerne we've been holding an "Eliminating Gender Based Violence Week!" We have had several school participation events such as "White Shirt Day", and "White Ribbon Day". We also participated in the shoe Memorial. We all hope that we can help and participate in eliminating gender based violence across the world. Thank you for donating shoes and handbags, and also for your time this week. – the Social Justice Club

Spoken Word Tribute at the Shoe Memorial - By Charlie

Trigger Warning - this piece deals with violence against women and sexual assault

When she was six, she became the outlet for someones misplaced sexual fantasy, bought off with a lollypop and silenced with a large calloused hand.

No one cares though. I mean, we say we do, but whenever she speaks about violence against women, or feminism she gets eye rolls. "Get over it," they tell her. "It happens to men just as much."

She does not see that though. What she saw was the same cold calloused hand that silenced her strike her mother down. Make her mother passive, quiet, easy to control.

She watches the news a lot. She does not hear a lot about female abusers. I mean, it probably happens more than you think, but not that she hears. She hears about girls, not much older than her when she lost her innocence, but instead of escaping such as she did, these young girls are married to their sexual predators. These girls are indentured into a life of servitude, of bearing children, when they are still children themselves.

That stuff strikes a deep chord, with our main character, our misguided heroine. She thinks about how she has never been able to trust a man, not only because of the pain her mother endured, but because of the pain she is terrified of enduring.

When she was six, her golden smile was stolen. Now everyday she trys to snatch it back, but somehow it keeps slipping through her fingers. Happiness is a foreign dream, void of meaning, because is it possible to be happy when you feel powerless?

She is one of many women and girls who suffer in fear. One third of women will be sexually or physically abused in their lifetime. Because of this we strive to be better than the ones who came before us.

I have hope for a better future. Mainly because I see people who will change the world with me.

So what are we going to do? Speak out against gender based violence.



Announcements

Friday Night Gym will be held December 8th and 15th, and then resume January 12th

Badminton (Wed) and Pickle Ball (Thurs) has begun in Lucerne Gym from 7 to 9, A Rec Commission #6 and SD10 sponsored event; youth with an adult are encouraged to come

After school gym club (Tuesday) and arts and crafts club (Thursday) ends next week Dec. 12th and 14th

Dec. 16th from 9 to 11 members of the RCMP will be hosting a breakfast and craft morning at Lucerne for students up to grade 6

PAC NEWS

Did you know that as a parent of a Lucerne student you are automatically a member of the Lucerne Parent Advisory Council? Your voice is important in our school community.

Get involved and join the PAC in the New Year on Tuesday, January 9th, 2018, 6pm in the Lucerne Library. Treats and friendly faces included.

Teacher Contact Info

If you ever have any questions about your child's progress or the school day in general please do not hesitate to contact our teachers:

Elementary

Chelsea.Lada@sd10.bc.ca Heather.Jenkins@sd10.bc.ca Katrina.Sumrall@sd10.bc.ca

Secondary

Richelle.Johnston@sd10.bc.ca Scott.Kipkie@sd10.bc.ca Gary.Parkstrom@sd10.bc.ca Patti.Sebben@sd10.bc.ca Rob.Babic@sd10.bc.ca Signy.Fredrickson@sd10.bc.ca



amile3CAFE

THINK ABOUT THE NEGATIVE AND POSITIVE IMPACTS OF INTERNET USE



We can learn and grow by using the Internet to understand the world, explore interests, and research information. The social part of the Internet allows youth to form online identities, changing how youth can be viewed and contacted.

SOCIAL RESPONSIBILITY

Do I behave online as I do face-to-face?

EDUCATIONAL USES

Am I using the Internet to better my education?

FORMS OF COMMUNICATION

Do I communicate appropriately online?

CONSEQUENCES AND CRIME

Do I understand that my actions online can have offline consequences?

BUILDING AWARENESS

Do I use social media and the Internet to raise awareness around issues youth care about?

BE SOCIALLY **RESPONSIBLE**

If you see something you don't agree with, like cyberbullying, harassment or threats, tell a trusted adult to get advice or help.

WHAT IS CYBERBULLYING?

Cyberbullying involves the use of communication technologies like the Internet, social networking sites, websites, email, text messaging and instant messaging to repeatedly intimidate or harass others. (Source: deal.org)



UNDERSTAND THE LAWS AROUND CHILD PORNOGRAPHY & LURING

The use of the Internet to attract or persuade anyone under the age of 18 to meet for sexual acts or to help arrange such a meeting is a crime under the Criminal Code of Canada. There can also be serious consequences if you possess or share sexually explicit images of someone under the age of 18.

The following Criminal Code Offenses affect youth, should they use the Internet in a negative way:

- Child Pornography
- Criminal Harassment
- Luring a Child
- Uttering Threats

STAY SAFE ONLINE

PRIVACY

Check and adjust privacy settings regularly to limit who can see and post on your profile(s).

THINK BEFORE YOU POST

Keep personal information private. Names, birth dates, ages, phone numbers, home addresses, birth places, maiden names, social insurance numbers, school names and sports teams can complete a puzzle of personal information when posted and shared online.

SAVVY SHOPPING

Online shopping is fast and fun, but be careful about providing personal banking information. When using online services like PayPal, eBay and Craigslist, double check the web address to ensure you haven't been directed to a phishing scam (a way of trying to get sensitive information by disguising as a trustworthy source). Check for security features such as a security lock near the bottom of the web page and https:// in the URL. If you're meeting with someone in person through one of these sites to purchase or sell an item, let an adult know so you can discuss safety issues, or have them accompany you.

NO ID REQUIRED?

Online gambling sites like e-casinos, card games, live bets and poker are popular among teens. These sites require you to be 18 or 19 years of age to play. Youth aged 13 to 19 can be held criminally responsible for activities related to online gambling. Online gambling can also lead to a potential gambling problem and a number of issues you may not have considered, like addiction, potential debt for you and your family, and fraud.

FOR MORE INFO OR TO GET HELP, VISIT:

www.rcmp-grc.gc.ca/cycp-cpcj | www.needhelpnow.ca

NEED TO REPORT SOMETHING?

Go to www.cybertip.ca

Or contact your local police department

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